

### Beginning of Season 2010 a Phased Return

Mon 23 <sup>rd</sup> - Fri 27 <sup>th</sup> Aug	Evening sessions only at GL1	Swim times based on new 2010/2011 Schedule
Sat 28 <sup>th</sup> Aug	6.00-8.00am (as normal at GL1) <b>No Land Training</b>	
Sun 29 <sup>th</sup> Aug	<b>No</b> Cheltenham College Session – ( Fitness Group to swim at GL1 6.30-7.30pm) GL1 sessions as normal <b>No Land Training</b>	
Mon 30 <sup>th</sup> Aug	BANK HOLIDAY – GL1 CLOSED NO SWIMMING SESSIONS	
Tue 31 <sup>st</sup> Aug	Evening sessions only	Swim times based on new 2010/2011 Schedule
Wed 1 <sup>st</sup> Sept	Evening sessions only	Swim times based on new 2010/2011 Schedule
Thurs 2 <sup>nd</sup> Sept	Evening sessions only	Swim times based on new 2010/2011 Schedule
Fri 3 <sup>rd</sup> Sept	Full Training sessions start (am and pm)	Swim times based on new 2010/2011 Schedule
Sat 4 <sup>th</sup> Sept	Land Training begins	Swim times based on new 2010/2011 Schedule
Sun 5 <sup>th</sup> Sept	Cheltenham College sessions begin	Swim times based on new 2010/2011 Schedule

The New 2010/2011 Swim Schedule can be found on the Clubs Web Site.